



SERIES: DECISIONS THAT HEAL

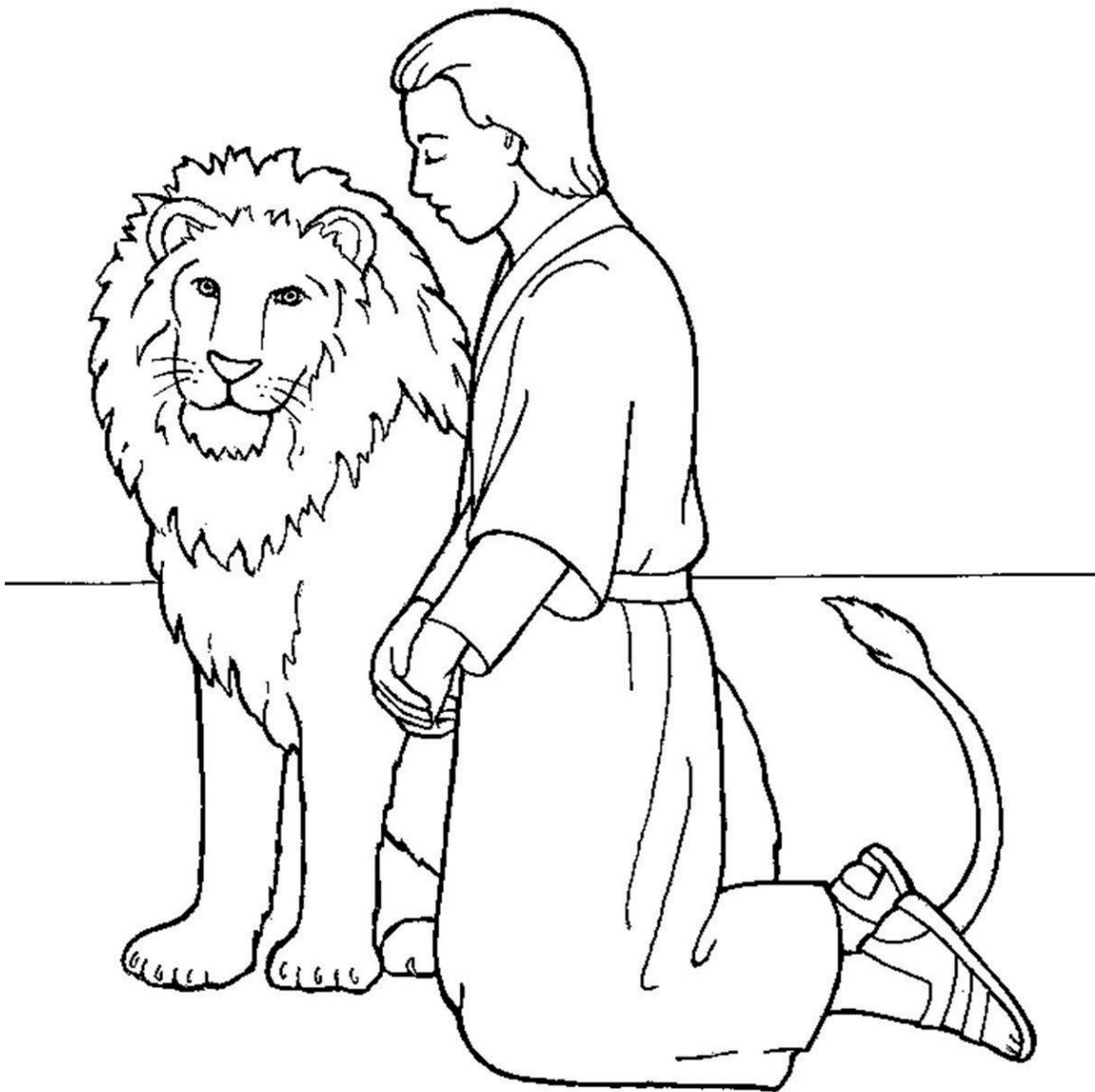
THE DECISION TO PRAY

Now when Daniel learned that the decree had been published, he went home to his upstairs room where the windows opened toward Jerusalem. Three times a day he got down on his knees and prayed, giving thanks to his God, just as he had done before.

(Daniel 6:10 NIV)



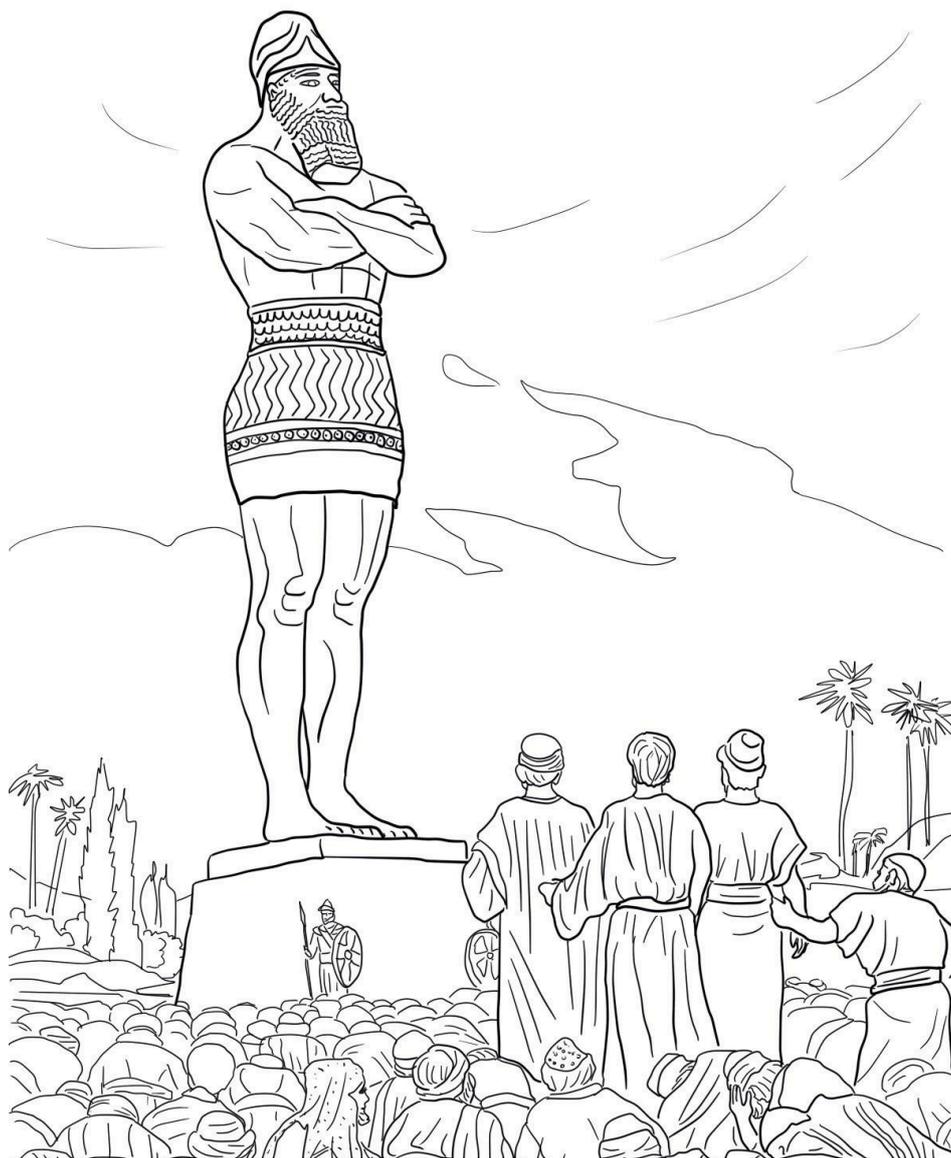
This week we are going to learn about the importance of praying. The story of Daniel teaches us that praying is very important, even when we face problems. Praying helps us to be closer to God and make our lives better.



Daniel prayed three times a day, no matter what happened. You can start praying every day too, even when you face difficulties

Strengthens faith: Praying regularly makes our faith stronger. It helps us trust God more and more.

Spiritual discipline: Praying every day helps us become better in our relationship with God, just like exercising strengthens our body.



Praying helps change our hearts and makes us more thankful. (Ezekiel 36:26)

Guidance and Wisdom: When we pray, we ask God to give us wisdom to make good decisions. (James 1:5)

Healing and Restoration: Prayer can bring healing and help solve problems. (James 5:15)

Praying is like having a special conversation with God, which brings us closer to Him. (Psalm 145:18)

Dependence on God: When we pray, we show that we trust God for everything. (Proverbs 3:5-6)

Listening to God: Praying teaches us to listen and understand what God wants to tell us. (John 10:27)

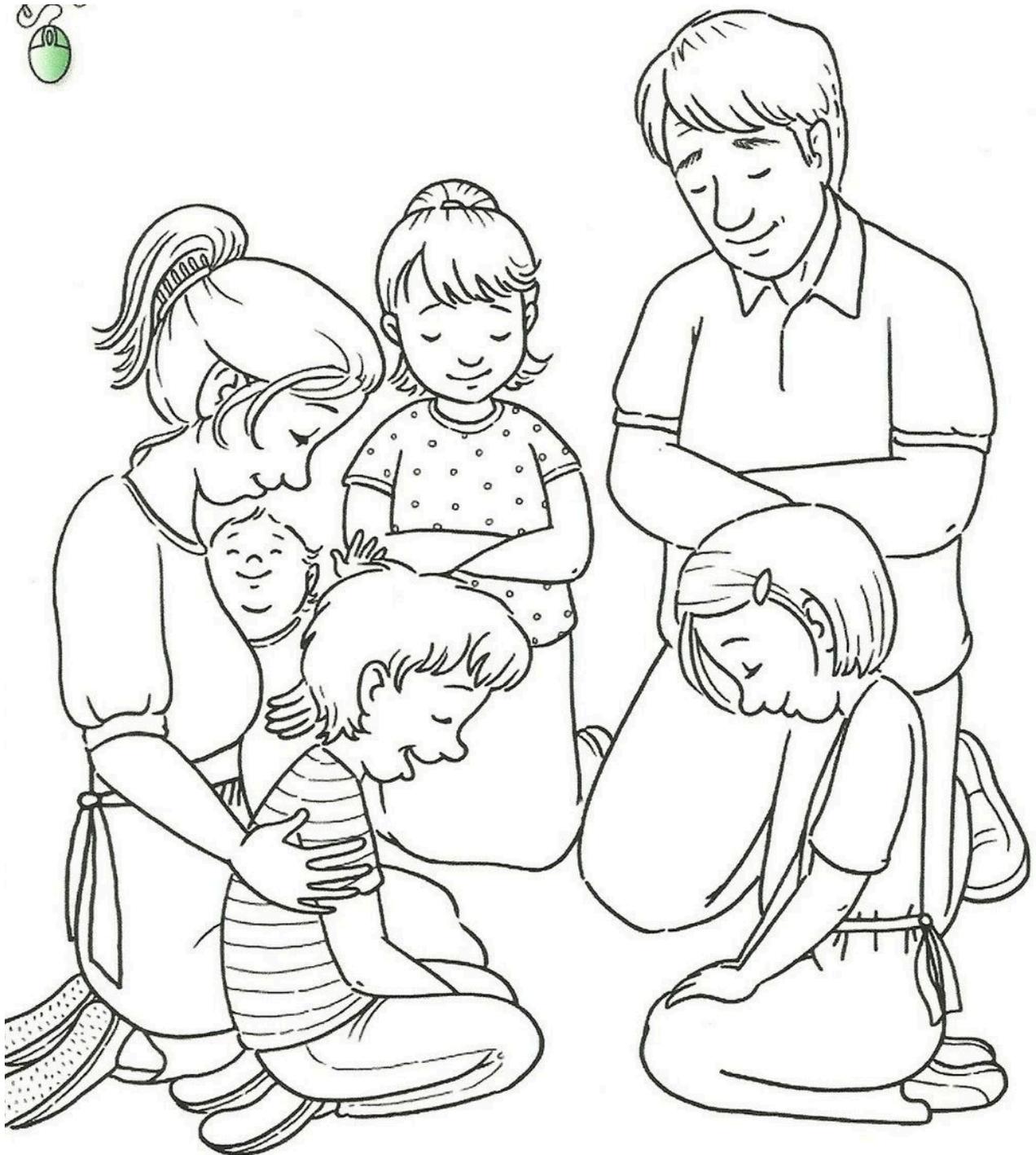


Praying helps us feel at peace, even when we are worried. (Philippians 4:6-7)

Strength and fortitude: Praying gives us the strength to keep going and face challenges. (Isaiah 40:31)

Overcoming temptations: Praying helps us resist things that might make us do wrong. (Luke 22:40)

Decide to pray every day! Praying is a powerful way to get closer to God and improve our lives. Let us follow Daniel's example and remember that every time we pray, we are talking to God and that makes our hearts and lives filled with His love.



THE LORD PRAYER PRINTABLE

THE LORD'S PRAYER

M P Z K Q F Q Z O W V N G L R
N O I T A T P M E T E G T E Y
H S D R W B K E A M C C V A R
L E V G G E W V A S C E H R O
V G A O N Z T X R R M Y T L
M U C V O K G Y O X S M G
S O W Z E K R F A T H E R K
N L Q C V N U O R X A V T Q W
N B S W L Y G F W E O K U V
C X I Q I C Y G K I W K V Y B
K J V G N K E F B R N O T X D
Z L T T C H U G H E B Y P A U
F S W P D D D Q A T Q B D
K U S P A L P R A H W L U A P
D A E R B L V S H K Y E I S M

AMEN
EARTH
FORGIVE
KINGDOM

BREAD
FATHER
GLORY

DAILY
FOREVER
HEAVEN
TEMPTATION



1-Pink

2-Blue

3-Yellow 4-Green

5- Tan

6-
Burgundy

Name: _____

Date: _____

